

HIPPOTHERAPY TREATMENT PRINCIPLES – LEVEL I
COURSE SCHEDULE – Draft
Karen M. Gardner, OTR MOT HPCS - Faculty

Thursday, May 24th Evening Treatment Principles

Classroom

4:00 - 4:15 pm	Registration and Introductions
4:15 – 5:00 pm	Definition, History, Treatment Team, Facility Suitability, Hippotherapy standards
5:00 – 6:30	Key Elements of Horse’s Movement Gaits of Horse Desirable Qualities Aspects of the Walk Illustrations of Equine Movement Horse Maintenance and General Welfare

Friday, May 25th Treatment Principles

Classroom

8:00 – 9:30	Human Movement and Function – 3D Planes Gait – Essential Components of the Human Walk Postural Control/Balance
9:30-10:15	Horse/Human Interaction Transmission of the Horse’s Movement to the Person Astride Unique Contributions & Benefits of the Horse’s Movement VIDEO – Analysis of Horse and Human Movement
10:15 – 10:30	BREAK
10:30 -12:00	Systems Theory – Sensory Processing – Speech & Language
12:00 – 12:45	LUNCH

Arena

1:00 – 3:00 Conformation, Mounting & Dismounting, Emergency Procedures,
Mounted Practicum

3:00 - 3:15 BREAK

Classroom

3:15 - 4:15	Selecting the Patient Precautions and Contraindications Absolute Contraindications Specific Benefits Consideration for Patient Selection
4:15 – 6:00	HPOT Horse Selecting the horse/activity Examples of Equipment for Horse and Patient Effects of Equipment HOMEWORK – develop treatment plan for a paper patient

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COURSE SCHEDULE Continued – DRAFT
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Saturday, May 26th Treatment Principles

Classroom

8:00 – 8:45	Paper Patient Presentations – Group Discussions
8:45 - 10:15	Evaluate patient Systems Approach and Disablement Model Guide to Patient Evaluation (Handout) Development of a Treatment Plan Position Options VIDEO – Alternatives to Backriding (Tandem Hippotherapy) School Figures, Equine Progression and the Effect of Changing Movement Manual Facilitation Ancillary Equipment Maximizing Treatment and Monitoring Patient Responses
10:15 – 10:45	Business Aspects, Insurance, Coding AHA and PATH Intl. Membership
10:45 – 11:00	BREAK

Arena

11:00-12:00	Patient Demonstrations (30 minutes each) 2 different patients with their therapists
12:00-12:45	LUNCH

Classroom

12:45 – 1:30	Discuss Patient Demonstrations
1:30 - 2:00	Wrap-Up, Course Evaluations and Award Certificates