

Camper Assistance Form

This information will be used to assist in determining whether the applicant's needs can be adequately met at CTRC's All Abilities Summer Camp and how to best set each camper up for success.

Specific Physical Guidelines

Eating: No assistance Light assistance Extensive assistance

Parents of campers may request light assistance needed for their children. Light assistance is defined as opening and closing containers, encouragement of eating, and helping ration foods. CTRC summer camp staff is not permitted or trained to provide extensive assistance in eating involving, but not limited to, directly feeding the camper, use of tubes, etc., or forcing the camper to eat. CTRC offers a peanut aware environment. We ask that you do not bring any peanut products to camp. When extensive assistance is needed the camper must be accompanied by a personal care assistant.

Please list any known allergies or specific requests in regards to eating: _____

Toileting: No assistance Light assistance Extensive assistance

Parents of campers may request light assistance for their children. Light assistance is defined as wheelchair transfers, support while walking, flushing, help getting up, helping the camper clean up after unexpected urination/defecation, reminders to use the toilet, and/or buttoning and unbuttoning pants. CTRC summer camp staff is not permitted or trained to provide extensive personal care for campers involving, but not limited to, personal sanitation following frequent urination/defecation, catheter or colostomy bag management, bowel protocols and other more extensive personal care. When such assistance is needed the camper must be accompanied by a personal care assistant. If a camper is suspected to have an accident while at camp, families must provide additional clothing in their cubbies. The soiled clothes will be returned home in a plastic bag. All campers must be toilet trained.

Please list any light assistance needed to help your camper be successful in regards to toileting: _____

Behavior Management

Behavior management at camp is in one sense very similar to a school environment and in another sense not so similar at all. While campers will find themselves in small spaces with 15 other campers, asked to sit in a circle and listen for up to 15 minutes, they are not required to sit for long periods of time. CTRC is able to provide light assistance for campers. Light assistance is partially defined as taking breaks from the large group, using sensory stimuli to help regulate their systems, employing a picture schedule to help with transitions, and help initiate social interaction. CTRC summer camp staff however is not able to offer more extensive assistance as defined by, but not limited to, dealing with behaviors such as, running and/or wandering, biting, physical aggression to themselves, others or horses. When extensive assistance is needed the camper must be accompanied by a personal care assistant.

Please list any behavior management concerns you have for your camper in the camp environment:

Please list any light assistance needed to help your camper be successful in regards to behavior: _____

Please list any requests or goals in regards to socialization for your camper: _____

Please share any additional information that might help the camp staff and volunteers better serve your camper: _____
