Colorado Therapeutic Riding Center, Inc.
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2024 CTRC SESSION SCHEDULE

WINTER SESSION *(10 wks)*

Dates:	January 8 - March 15
Registration:	December 4 - December 15, 2023
Registration Deadline:	December 15 , 2023
TR Group Fees:	$550
*EAT Fees:	$TBD
Session Break:	March 18 – March 29

SPRING SESSION *(8 wks)*

Dates:	April 1 - May 24
Registration:	February 26 - March 8
Registration Deadline:	March 8, 2024
TR Group Fees:	$440
*EAT Fees:	$TBD
Session Break:	May 27 - June 7

SUMMER SESSION *(8 wks)*

Dates:	June 9 - August 9
No Classes:	July 1 - 5, 2024
Registration:	May 6 - May 17
Registration Deadline:	May 17, 2024
TR Group Fees:	$440
*EAT Fees:	$TBD
Session Break:	August 12 - August 23

Fall SESSION *(15 wks)*

Dates:	August 26 - December 20
No Classes:	September 2, 2024
	October 15 - 18, 2024
	November 25 - 29, 2024
Registration:	July 22 - August 2, 2024
Registration Deadline:	August 2, 2024
TR Group Fees:	$825
*EAT Fees:	$TBD
Session Break:	December 23, 2024 - January 10, 2025

HORSE SHOW: October 18th, 2024

INSURANCE AND OUTSIDE FUNDING Generally, private insurance/Medicaid will not cover Therapeutic / Adaptive Riding. Employer-offered Flexible Spending Accounts (generally not health care spending accounts), typically will pay for Adaptive Riding and Therapy Sessions. Agency funding and CES Medicaid waivers sometimes pay for Adaptive Riding or Therapy Sessions; talk directly with your case manager. CTRC offers a limited number of scholarships based on fund availability. Applications for scholarships must be submitted one month prior to the start of the session.

PROGRAM DESCRIPTIONS

Classes run daily (morning, afternoon and evening) Monday-Friday and are held in sessions 8 to 15 weeks in length. Participants are scheduled once weekly (same day and time) for the duration of the session.

Therapeutic/Adaptive Riding - is recreational horseback riding and horsemanship lessons adapted for each individual's ability. Adaptive riding utilizes mounted and unmounted activities to provide a unique combination of physical and emotional benefits. Adaptive Riding lessons at CTRC are taught by PATH-certified instructors. (PATH International is the accrediting and certifying body for professionals and services in the field.) These sessions are aimed to teach participants horsemanship, and by extension, life skills with the purpose of contributing positively to an individual's cognitive, physical, emotional and social well-being.

Groundwork Classes - utilizes equines in unmounted activities to educate participants about handling a horse from the ground, natural horsemanship skills, and learning about horse and herd behaviors.

Fees (paid by session)
$55 weekly fee for group lessons (1 hr. class)
$65 weekly fee for private (30 minutes)
$65 semi-private lessons (45 minutes)

Occupational/Physical/Speech Therapy utilizing Equine Movement - A treatment strategy conducted by a licensed therapist that utilizes equine movement as part of an integrated intervention program to achieve functional outcomes. Time includes mounting, riding, and communicating with a therapist. Physical, Occupational, and Speech therapy services available.

Psychotherapy Incorporating Horses - An experiential process conducted by a licensed mental health professional with the inclusion of a horse. Horses serve as a mirror to our emotional state and provide us with honest, in the moment, feedback. The presence and connection with the horse is used as a metaphor for our personal lives, human-to-human relationships, and past experiences.

*includes weekly Therapist fee (varies) and $40/class Center fee
Time: 30-50 minutes/wk

One Time Special Opportunities - Private, semi-private or group offerings to explore; trail riding; sibling/family riding; or focused skill development and horsemanship OR a chance for newcomers to learn about therapeutic riding basics. Ask us if you are interested in ground work programming!
Fee: $100 Time: 30 minutes