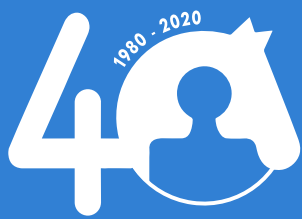


"The rhythm of the horse, the feel of their hair, the smell of the arena and the gentle guidance of the volunteers and therapist give Colin a physical, multisensory experience that I truly believe has aided in his development and growth."

Megan



Colorado Therapeutic Riding Center

Michele Bruhn
Executive Director

11968 Mineral Road
Longmont, CO 80504
303-652-9131
www.ctrinc.org



"In 2005 I was diagnosed with ALS, or Lou Gherig's disease. The physical benefits that riding brings to me are numerous and significant. What I didn't fully anticipate was that those very same things would strengthen my emotional and mental fitness as well. The best thing of all... the sense of freedom I feel when I am out of my chair and on Doc's back." Pat



Colorado Therapeutic Riding Center Inc.

Celebrating 40 Extraordinary Years

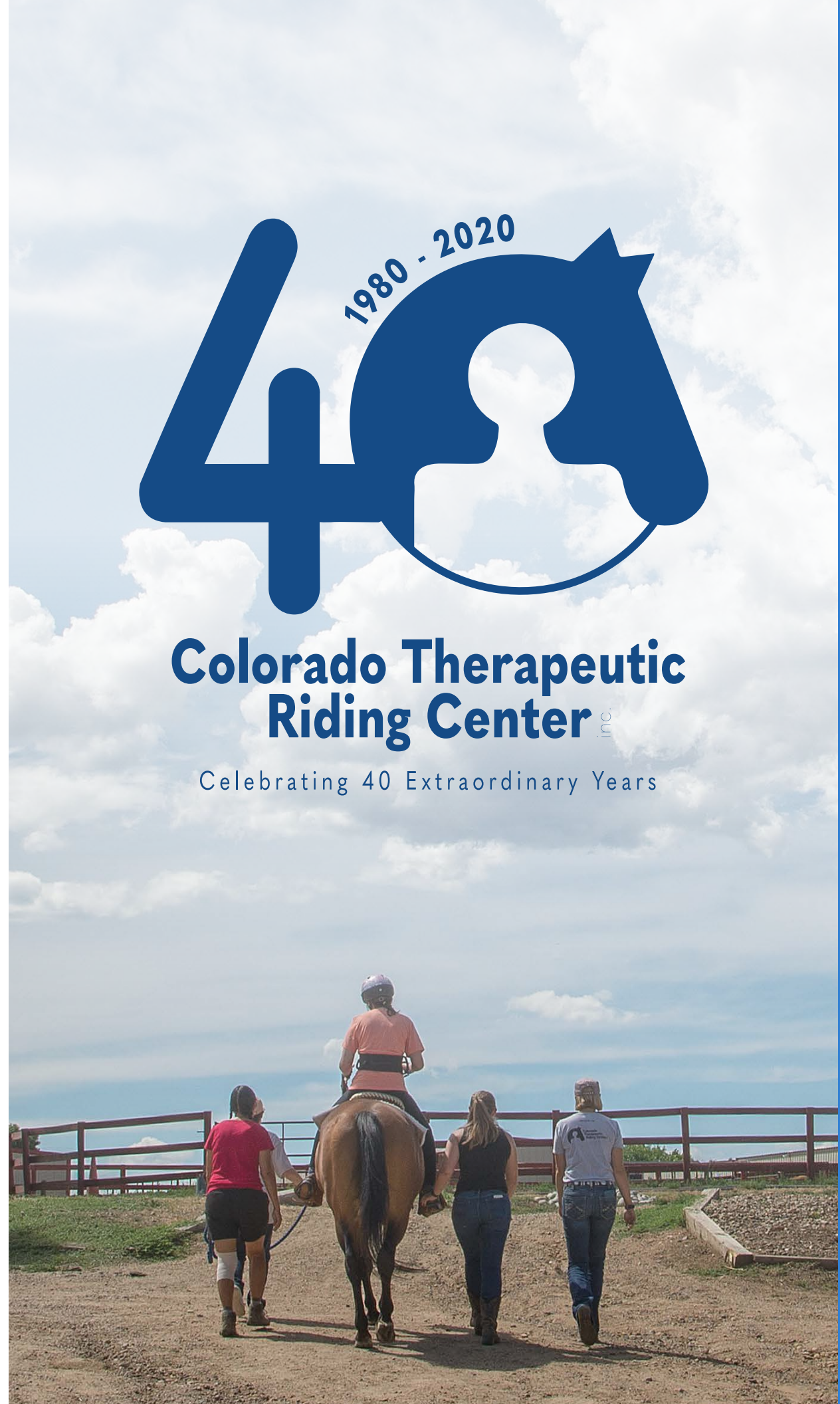


"Having become legally blind at the age of seven, I have encountered many, many challenges throughout the years. It feels so good to work with people who can see beyond disability! That sense of being an outsider that tends to follow me through the mainstream world, suddenly melts away when I enter CTCR and soon I feel like one of the family."

Martin

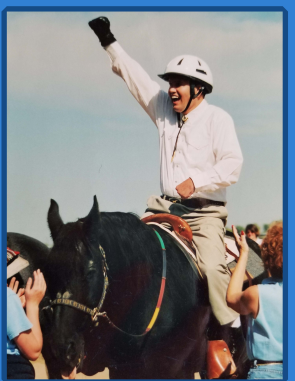
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THE MISSION OF CTRC

To change the lives of people with disabilities by promoting their physical, psychological and social well-being through equine assisted activities.



CTRC serves a wide range of people with mental and physical disabilities including Cerebral Palsy, PTSD, ALS, Spina Bifida, Traumatic Brain Injury, Multiple Sclerosis, Stroke, Developmental Delays, Autism, Asperger's, Dementia and Visual Impairment.

CTRC's Pioneering History Includes Research Demonstrating Efficacy of Therapeutic Riding

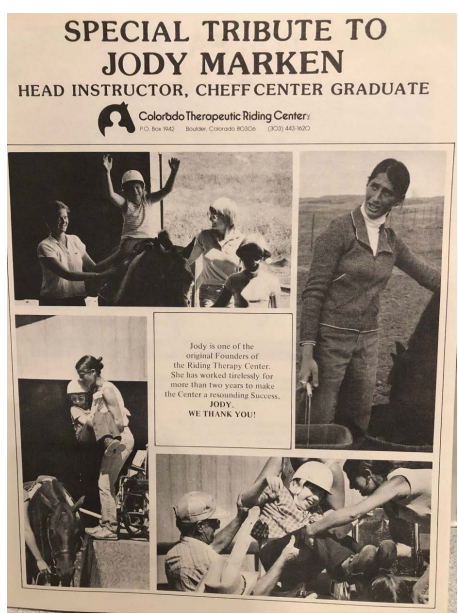
From our Founder:

Our original goal for CTRC, as one of the trailblazers in the industry, was to provide a safe, solid foundation to promote growth, joy and learning.

Forty years ago, as a student of the horse, I was inspired by the poem "I Saw a Child" by John A. Davies.

It begins:
 "I saw a child who couldn't walk
 Sit on a horse, laugh and talk
 Then ride it through a field of daisies
 And yet he could not walk unaided..."

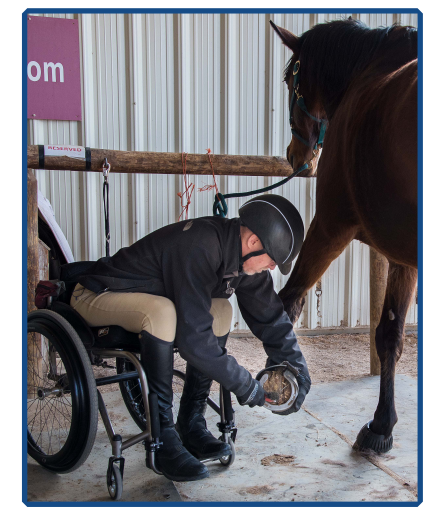
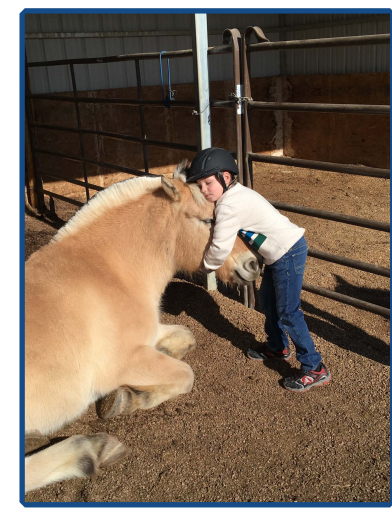
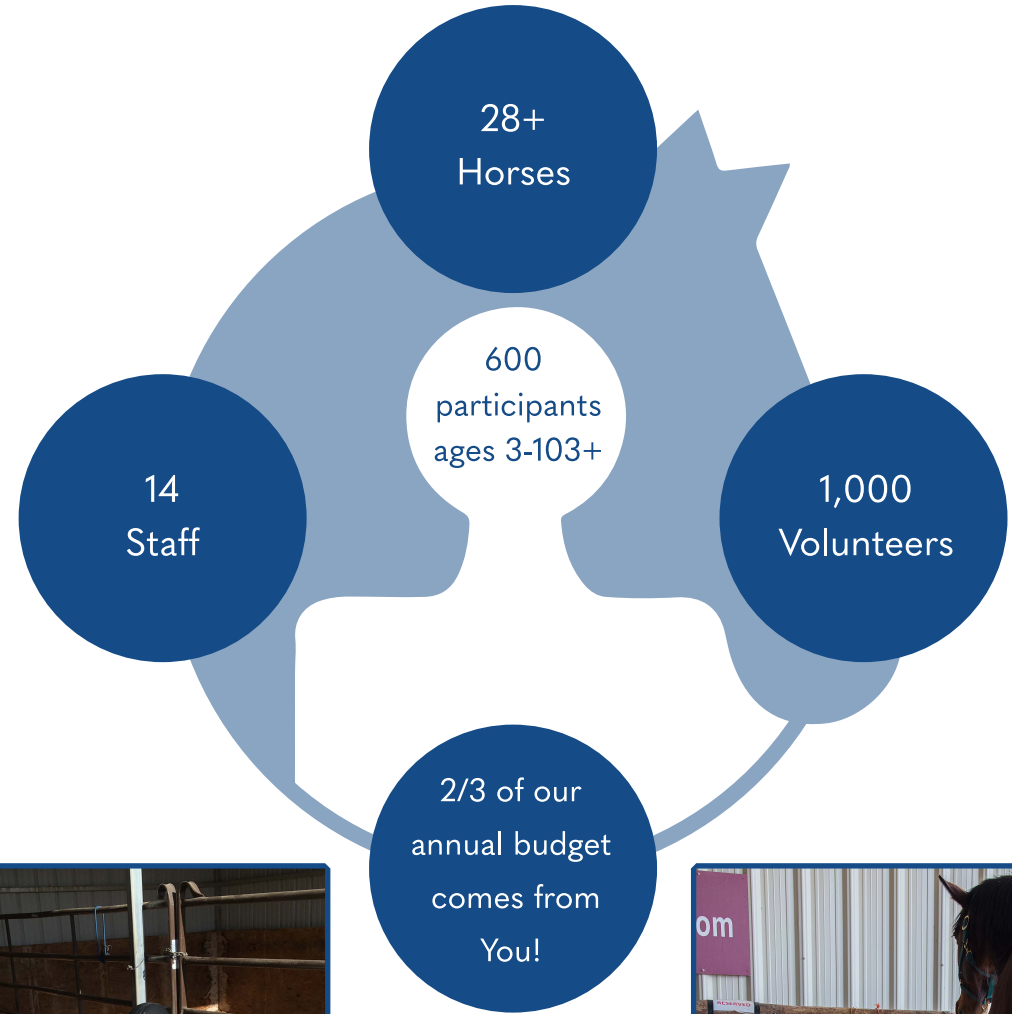
It is an honor to share my pride with the passionate people and amazing horses that have given so much to assist in the development of CTRC's special offerings.
 -Jody Marken



"CTRC was the first center in the field of Human Animal Interaction that participated in the largest study to date that demonstrated the efficacy of therapeutic riding with kids with autism spectrum disorder ages 6-16 years. Preliminary evidence from this study also showed long-term maintenance of therapeutic riding benefits addressing the areas of irritability, social skills and word fluency." -Dr. Robin Gabriels, Psy.D., Lead Researcher

WHAT DOES IT TAKE TO CHANGE LIVES AT CTRC?

"The CTRC staff and volunteers are so aware of what it means to have a disability and treat every one of us as special and able. Riding helps me build my core and leg strength, which is critical as I deal with my Multiple Sclerosis. And being where I know I matter and am genuinely and deeply cared about makes my world so much brighter." Mara



"Teagan's relationship with Lil' Chief, the therapists and volunteers have become a part of her support system and an invaluable addition to her community." Jenni

THERAPEUTIC RIDING

Teaches the skills of riding in an adaptive way, while promoting strength, flexibility and balance

EQUINE ASSISTED THERAPIES

Speech, Physical and Occupational Therapists use the horse's movement as the modality of treatment

MENTAL HEALTH

Licensed Therapists work with clients on social and emotional goals through the relationship built with horses

EQUINE ASSISTED ACTIVITIES

Various unmounted activities allow the participant to enjoy the positive social and emotional aspects of being with horses while learning a new skill

